

## Optimal Digestive Care

David W. Kossoff, MD • Lindsay Bitto, CRNP

70 Thomas Johnson Drive, Suite 120

Frederick, MD 21702

Phone (301) 624-5566 • Fax (301)-624-5542

### Colonoscopy Prep Kit Over the Counter Shopping List



1 8.3 oz. bottle of ClearLax Powder (Miralax)

1 10 oz. bottle Magnesium Citrate Oral solution **(MUST BE CLEAR, NOT COLORED)**  
Grape, Cherry and Lemon-lime

4 Dulcolax (Bisacodyl) tablets (Laxative only)

#### Optional

Baby wipes